

EXODUS: BREAKING THE CHAINS THAT BIND US



Lenten Reconciliation Service

**{For families and small communities
during the National Lockdown}**

2020

Parish of St. Joseph

Morningside

Leader

Welcome everyone to our Lenten Reconciliation Service.

Via our Parish YouTube channel and website, we have been able to participate in a Lenten Examination of Conscience to help us recall our sins, ask for God's pardon and to prepare for this Service of Reconciliation with one another. Sin separates us from God and from one another; it destroys our relationships and brings suspicion, hurt, anger and division into our lives. When we turn back to God and allow him to unlock the chains that bind us, we are free to return to him and to one another. Our Service of Reconciliation will help us to experience the freedom of life lived with and in God!

Leader:

In the name of the Father + and of the Son and of the Holy Spirit. Amen.

Let us pray:

God our Father,

you call us to repentance and conversion!

By an honest and proper examination of our conscience,

may we, who seek your forgiveness and peace,

be liberated from the chains that bind us,

so as to live fully for you and Jesus your Son.

We ask this in the Holy Spirit and through the same Christ our Lord.

Amen.

Reader:

A reading from the Holy Gospel according to John.

To the Jews who believed in him, Jesus said: "If you make my word your home you will indeed be my disciples, you will learn the truth and the truth will make you free."

They answered, "We are descended from Abraham and we have never been the slaves of anyone; what do you mean, "You will be made free"?"

Jesus replied: "I tell you solemnly, everyone who commits sin is a slave. Now the slave's place in the house is not assured, but the son's place is assured. So, if the Son makes you free, you will be free indeed."

The Gospel of the Lord.

Spend some time in quiet reflection on the reading and on your sins.

Then all say together:

All:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, *(Striking breast)* through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Leader:

May almighty God forgive us our sins and bring us to everlasting life! Amen!

Leader:

We have recalled our sins and in the quiet of our hearts asked for God's forgiveness. He is a merciful and just God! He forgives us and sets us free from the chains that have kept us bound and separated from him and one another! Let us now pray in the words that Jesus Christ himself taught us:

Our Father... AMEN.

Leader:

The freedom we enjoy allows us to reach out to those around us! Let us now offer each other a sign of the peace we share.

All offer each other a sign of peace and reconciliation.

Leader:

Let us pray:

Loving God, we thank you for this time of reconciliation!

May your Holy Spirit give us the grace to live our new lives with you and our friends and family with joy and a renewed peace!

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

Amen!

Leader:

The Lord has visited us and freed us from our sins! Go in peace!

All:

Thanks be to God!